Assignment Studio

Assistance with University Projects? Research Reports? Writing Skills?

We've got you covered!

www.assignmentstudio.net
WhatsApp: +61-424-295050
Toll Free: 1-800-794-425
Email: contact@assignmentstudio.net

Follow us on Social Media
Facebook:
https://www.facebook.com/AssignmentStudio
Twitter:
https://twitter.com/AssignmentStudi
LinkedIn:
https://au.linkedin.com/company/assignment-studio
Pinterest:
http://pinterest.com/assignmentstudi

In today's fast moving world, one of the main concern of an individual is his/her health. Personal health no doubt depends on individuals daily life style. Routine of work, lack of time, no time for proper food, inadequate rest, quality of food, it all effects human health.

Maintaining and achieving good health is an ongoing process. Today an individual is more interested in maintaining his/her health by any abbreviated means. Either it's a health supplements (drugs) or indoor physical exercise machines. With high competition in almost every field of work, every individual is living with load of stress. Also, health partially depends on the social structure of one's life.

According the US Census Bureau, reports worlds population in January 2010 was over 6 billion and is increasing at an estimated rate of 1.14% per year (Matt Rosenberg). *__Good reference but mention the year__*

With the increase in population and resources getting limited, induction of new industries to produce best possible products/services for the mankind, irrespective of danger to human health from their waste, we are facing many health challenges.

The impact of environmental damage and contamination confirms what Aboriginal peoples have long understood - that human health and well-being is intimately connected to the well-being of the natural environment and all other life forms. (Environmental Damage and Aboriginal Health.., *Susan Judith Ship*) *__this is not the proper way of providing references__*

Globalization is putting the social cohesion of many countries under stress, and health systems, as key constituents of the architecture of contemporary societies, are clearly not performing as well as they could and as they should. People are increasingly impatient with the inability of health services to deliver levels of national coverage that meet stated demands and changing needs, and with their failure to provide services in ways that correspond to their expectations. (the world health report 2008. *primary health care 'Now More Than Ever'*) *(you just mention the writers name with year nothing else)*

All human activities have an environmental impact. The magnitude and consequences of each impact varies, and environmental laws have been created to regulate and minimize these impacts. (Alexandar C, Pittman Jr., *Enviromental and Public Health Issues*) *__this is a good one title should not be mentioned here but in the reference section, mention the year in incite references__*

In 1948 World Health Organization was formed, and was held responsible for providing leadership on global health matters, shaping the health research agenda, setting norms and standards, articulating evidence-based policy options, providing technical support to countries and monitoring and assessing health trends. WHO has its network in every part of the world and special emphasis is given to under develop countries. *__(No incite reference for this paragraph its very clear that you have cited it from some website, so wheres the reference?__*)

The biggest problem in health sector which the developed countries are facing, is the emission of hazardous gases or waste material from its industries. In UK alone in 1999, the Power Stations contributed 65%, for emitting Sulphur Oxide, other industries 22% and major source of Nitrous Oxide 44%.

The environmental changes and contamination in the natural food chain has persuaded the individual to less nutritious stored food. This change in diet has given lead to many common diseases like diabetes, high blood pressure, heart disease and dental decay.

Governments are taking serious steps and spending high budgets to minimize and control these issues. But its not the dilemma of one country, all the countries should get united to resolve the issue.

Many voluntary cooperation have mushroomed in recent years, mostlyin response to globalization, the growing recognition of greater interdependence, and the inevitability of the rapid global spread of infectious disease outbreaks. Public health programs havegone global through a number of other channels involving new actors, including public-private partnerships. There are estimated to be about 70 such global health initiatives. One of the largest is the Global Fund to fight AIDS, Tuberculosis and Malaria, set up through a commitment made at a UN special session on AIDS in June 2001. (Global Issues for Global Citizens…, Vinay Kumar Bhargava)

Developing countries face a widening range of health problems due to changes in lifestyle. (Global Forum for Health Research). Developing countries need to improve access to health care for the poor to prevent deaths from non-communicable diseases. (Daniel Schearf…, von news).

The health problems that developing countries face have changed enormously in the past 10 years. In fact, in many developing countries, including China and India, two of the most populous countries in the world, these are the now main source of illness and death in the population. (*Stephen Matlin*…, head of Global Forum for Health Research)

"Developed countries should provide necessary technological and financial assistance to the developing countries, conduct more research on public health problems of developing countries, and improve their public health service capacity," (Chen Zhu…, Chinese health minister)

the developing countries are also facing lack of qualified medical staff. Though they are training Medical Practitioners on International standards, in collaboration with western NGOs and Medical Colleges, but unfortunately after completing their training they migrate to developed countries for the betterment of their future.

The governments of developing countries should impose some limitation on the medical staff, so that their own people are benefited from their services.

Hygiene is one of the core issues in developing countries, safe drinking water, poor living condition, limited access to curative and preventive health services and explosive growth of population are major health concerns.   Prevention is a core value of any health system. Besides making available medical facilities to every individual, the government should emphasize more on the causes that generate diseases and are harmful to human health.

In developing countries and areas of limited healthcare access, private providers act on the front line and are often the only form of healthcare available. Although the private sector plays an increasingly important role in healthcare in developing countries, it remains a new area of study and innovation. As governments of developing countries fall short of providing widespread access to care, and traditional charity-focused NGOs offer limited or temporary solutions, the private sector presents an opportunity for sustainable scale-up of healthcare services alongside social and economic development.

There is no such man or woman in this world who does not want to maintain his/her health. But the point is only if he is given a chance to do so. No doubt prevention is better than cure. But how ? its not the dilemma of one single nation. All nation has to unite for one cause. WHO and other International organizations are working at their esteem level to make available, medical awareness and facilities to every part of the world. But some really serious laws has to be implemented to restirict the cause for damaging the human health. And that is a clean environment.

Like developing countries there is a lot to do in developed countries. Emissions of different harmful chemicals/gases from nuclear plants, power stations, and other industries should be monitord. If we compare a man of today with a man of same age but 50 years back, we'll notice a visible change in health of both. Reason being very simple, there's a disaster change in environment since last fifty years, and the same has directly effected the human health. Due to this change in human average life has also reduced.

Climate change is a significant and emerging threat to public health, and changes the way we must look at protecting vulnerable populations. The most recent report of the Intergovernmental Panel on Climate Change confirmed that there is overwhelming evidence that humans are affecting the global climate, and highlighted a wide range of implications for human health. Climate variability and change cause death and disease through natural disasters, such as heatwaves, floods and droughts. In addition, many important diseases are highly sensitive to changing temperatures and precipitation. These include common vector- borne diseases such as malaria and dengue; as well as other major killers such as malnutrition and diarrhoea. Climate change already contributes to the global burden of disease, and this contribution is expected to grow in the future. The impacts of climate on human health will not be evenly distributed around the world. Developing country populations, particularly in Small Island States, arid and high mountain zones, and in densely populated coastal areas, are considered to be particularly vulnerable. (WHO,,.. *Chris de Bode*)

Given that everyone's body and medical history is different, it is important to be aware of what makes you sick and even what makes you feel better on a personal level.

In today's scenario an individual is more concerned about his health. The credit goes to media for this awareness, though the health organizations are using every means to to inform every person on this earth about his health, media has proved to be successful.

Sustainable health and wellness is not only part of our survival but it is also a continuously rewarding way to live out our entire lives.

NOTE

Jaane man you have done a good job, but im sure you haven't gone through those files that I emailed you for your references how to give reference? RITE??????

You have to provide incite references and in the end there has to be a proper heading by the name of references which should include all the references. In detail…..

Hmmm wat else??????????????